



Mundelein Park & Recreation District
<http://www.mundeleinparks.org>

NEWS RELEASE

FOR IMMEDIATE USE

October 17, 2017

CONTACT:

Christa Lawrence, Marketing Specialist, 847-388-5455, clawrence@mundeleinparks.org
Kelly Bagatti, Special Events Coordinator, 847-388-5447, kbagatti@mundeleinparks.org

ROCK THANKSGIVING LIKE PLYMOUTH!

New Park District program makes hosting Thanksgiving a snap

MUNDELEIN, IL —Hosting Thanksgiving? Whether it's your first Thanksgiving or you're a seasoned pro, we could all use a little extra help preparing for the biggest meal of the year. Celebrate your Thanksgiving with style and ease after our **educational program Thanksgiving Table, on Thursday, November 2nd from 6:30 to 8:30 pm at the Regent Center** (1200 Regent Drive, Mundelein).

Learn how to make beautiful and cost effective centerpieces with flower arranging demonstrations by Flowerama of Mundelein (<http://www.floweramamundelein.com/>), pick up some delicious cooking tips and hors d'oeuvre ideas from Tastefully Simple, learn to fold festive napkins, decorate children's tables to be interactive, no-fuss food ideas, make ahead recipes and more. Still think your holiday may be overwhelming? Local yoga expert, Erin O'Neill will show you some simple sequences to help reduce stress, lower your blood pressure and heart rate.

Registration is required; cost is \$5 for Mundelein residents or \$10 for non-residents, ages 15 and up. Visit www.mundeleinparks.org to sign up, program #7421.

###