



Mundelein Park & Recreation District

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NEWS RELEASE

FOR IMMEDIATE USE

June 12, 2019

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MUNDELEIN PARK DISTRICT WELCOMES NOVACARE REHABILITATION TO COMMUNITY CENTER

Mundelein, Illinois— Mundelein Park & Recreation District is pleased to welcome NovaCare Rehabilitation to the Mundelein Community Center (1401 N. Midlothian Road). NovaCare will offer a wide range of physical therapy services including, Aquatic Therapy, Cupping, Dry Needling, Instrument-Assisted Soft Tissue Mobilization (IASTM) Manual Therapy, DartFish, Vestibular Rehabilitation, Video Gait Analysis and Workers Compensation at the Mundelein location. Construction of the clinic located on the first floor of the Community Center is underway now and is expected to open late June.

“We are excited to partner with NovaCare Rehabilitation at our Community Center,” said Margaret Resnick, Executive Director of Mundelein Park District. “They will be lending their expertise to our staff and patrons by offering informational presentations on health and wellness.”

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The partnership with the District includes the renaming of the fitness center to *NovaCare Fitness Center, a Mundelein Park & Recreation District Facility*. Patients will be seen in their first floor clinic and will periodically utilize the fitness center and indoor pool under the supervision of a NovaCare physical therapist.

“We are very excited to expand our business to Mundelein and look forward to building relationships within the community,” said Julie Plautz, NovaCare Rehabilitation Regional Director of Operations. “Partnering with the Park District is a perfect way to connect with the community. The Mundelein clinic staff will work hard every day to create a positive clinical and customer service experience for our patients. Please feel free to contact us at 847.934.7330 with any questions. We look forward to providing therapy services at Mundelein Park District’s Community Center.”

Staff at the outpatient center includes Jake Livingston, PT, DPT, COMT, CDNT, a physical therapist and manager of the Mundelein outpatient center. Jake is successful in treating sport injuries, knee, foot and ankle, low back pain, shoulders and post-surgical conditions. Rebecca Graf, PT, DPT is a physical therapist that takes pride in providing the best evidence-based and individualized care for her patients.

NovaCare Rehabilitation is part of the Select Medical family, a nationally prominent, locally driven provider of outpatient physical rehabilitation since 1966. The Mundelein clinic is expected to open late June/early July with initial hours of Mondays 11 am – 7 pm, Tuesdays 8 am-12 pm, Wednesdays 1 to 7 pm, Thursdays 7 – 11 am & 1 – 7 pm and Fridays 7 am – 1 pm. Clinic hours of operation will be expanding in the near future.

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