



Mundelein Park & Recreation District

<http://www.mundeleinparks.org>

NEWS RELEASE

FOR IMMEDIATE USE

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UPDATED COMMUNITY CENTER OFFERS MUCH TO MUNDELEIN

Park District Holds Open House on November 16, 1-5 pm

Mundelein, IL—Mundelein Park & Recreation District will host an open house at the **Community Center (1401 N. Midlothian Road)** on **Saturday, November 16, 1–5 pm**. The celebration will include giveaways, demonstrations, contests and discounts on Park District programs and memberships.

During the last year or so, there have been quite a few changes within the Community Center building. The lobby has been refreshed and modernized. NovaCare Rehabilitation, a physical therapy clinic, has opened an office on the main floor. Mundelein Park District's NovaCare Fitness Center (formerly Park View Fitness) has been updated with upgraded cardio equipment with the latest technology. The fitness floor is now arranged with a better flow making it

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more welcoming to members. The cycle room has been remodeled and a Barre studio added. Membership has been streamlined to an all-inclusive, customer-friendly approach resulting in a better value.

“We are hosting an open house so that people can stop by and check out all of the upgrades and exciting changes we’ve made to the Mundelein Community Center,” said Matt LaPorte, Superintendent of Recreation. “Additionally, we are thrilled to introduce our new partner, NovaCare Rehabilitation to the facility.”

As part of the celebration, use of NovaCare Fitness Center will be free for the day including FREE Group Exercise classes and FREE Open Swim after 1 pm, Other offers available that day include a FREE first month to new members when signing up for an annual NovaCare Fitness Center membership, 10% off of early bird rates on 2020 season passes to Barefoot Bay Family Aquatic Center, 10% off on Trails and Odyssey Summer Camp enrollment, and 10% off of swim lessons. There will also be Personal Training specials, fitness class demos, RedLine Athletics program demos, water safety skills challenges, plus opportunities to meet with our swim instructors and personal trainers, NovaCare Rehabilitation will also be holding a *meet and greet* with opportunities to see their clinic and meet the physical therapists.

“The Park District has made a lot of updates to meet the changing needs of our community with more renovations to the Community Center planned in the coming year,” said LaPorte, “We hope everyone will join us at the open house, try out our facility and take advantage of the special opportunities we are offering at the celebration.”

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Coming soon on mundeleinparks.org and on our Facebook page (@mundeleinparks) is a schedule of open house activities.

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