



## Mundelein Park & Recreation District

<http://www.mundeleinparks.org>

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# NEWS RELEASE

FOR IMMEDIATE USE

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### PARK DISTRICT CONNECTS COMMUNITY VIRTUALLY

*Contests, games, virtual classes and more keep residents engaged*

**MUNDELEIN, IL** – Illinois' Shelter in Place Order is leaving many residents stuck at home making it easy to experience feelings of isolation or boredom. However, **Mundelein Park & Recreation District** is offering some ideas to help residents stay active and have some fun during this time of uncertainty. Posted on their website ([www.mundeleinparks.org](http://www.mundeleinparks.org)) and Facebook account, ([www.facebook.com/Mundeleinparks/](https://www.facebook.com/Mundeleinparks/)) activities vary from contests, puzzles, fitness classes, preschool lessons, virtual book clubs and more.

“The Park District’s tagline is *Connecting the Community*. In these times of sheltering in place, we intend to continue this commitment,” said Margaret Resnick, Executive Director of Mundelein Park District. “Our staff is thinking outside the box to find new ways to engage the community and help them under these unique circumstances.”

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Park District Connects Virtually

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Mundelein Park District is also encouraging residents to go on walks in their neighborhoods and parks. Using the appropriate social distancing to keep everyone safe is still highly recommended and playground equipment is currently closed due to COVID-19 concerns. The District's walking club has been posting ideas on the GO Mundelein Facebook account ([www.facebook.com/gomundelein/](http://www.facebook.com/gomundelein/)) for individual walks so they can still benefit from walking. Walking challenges such as "Guess what park?", "Plogging", "Chalk your Walk" and more help keep walkers engaged and raise moral.

"We all are looking forward to the day we can welcome the community back to our facilities," said Resnick. "Until then, we want to connect our community to fun and bring some brightness into their day."

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